

PERSONAL EQUIPMENT LIST

Weekend Backpacking—Winter

REQUIRED EQUIPMENT:

- 1 ea. Backpack
- 3 ea. Large Garbage Bags with ties (can fit over pack, sleeping bag)
- 1 ea. Sleeping Bag in stuff sack (20 degree rating)
- 1 ea. Ground Pad or Air Mattress
- 1 ea. Individual Mess Kit (consider two large Lexan cups plus spoon)
- 1 ea. Small Flashlight (extra batteries, extra bulb)
- 1 ea. Disposable Butane Lighter
- 1 pk. Matches (sealed water tight) or backup Butane Lighter
- 1 ea. Water Bottle (Nalgene type--1 quart sufficient)
- 1 bot. Water Purification Tablets (Potable Aqua - 50 tablet size)
- 1 ea. Drinking Cup (mm. size 8 - 10 oz.)
- 1 ea. Spoon
- 1 ea. Knife (pocket knife preferred)
- 1 ea. Compass
- 1 ea. Rain Gear (rain suit preferred or poncho)
- 25 ft. Rope (cotton or nylon clothesline)
- 1 ea. Chapstick
- 1 bar Soap (biodegradable)
- 1 ea. Toothbrush
- 1 ea. Toothpaste
- 1 ea. Comb
- 1 ea. Towel
- 1/4 roll Toilet Paper
- 1* pr. Hiking Boots
- 2* pr. Socks
- 2* pr. Underwear (shorts)
- 2* ea. T-Shirts (Polyester/cotton blend is best)
- 2* pr. Long Pants (best if one is wool)
- 2* ea. Warm Long Sleeve Shirts (best if one is wool)
- 1* ea. Warm Sweater
- 1* ea. Warm Jacket or Heavy Lined Wind Breaker
- 1* pr. Warm Gloves
- 1* ea. Hat (wool knit is best)
- 1* ea. Belt
- 1* pr. Long Underwear (as needed - polypropylene is best)
- N ea. Handkerchiefs (as needed)

* Includes clothes being worn - items not being worn serve as backups in case of wet weather. It is best to choose items that can be layered to give maximum flexibility. Wool is best, synthetics are OK, and cotton should be avoided. Items should be adjusted for warm or extremely cold weather.

NOTE: One-third the capacity of each pack must be allowed for community equipment such as food, tentage, stoves, fuel, etc. All gear should fit into pack or attach solidly to the frame - no loose items.