

PERSONAL EQUIPMENT LIST

Long Term Backpacking - Summer (variable mountain climate)

- 1 ea. Backpack
- 1 ea. Waterproof backpack cover
- 3 ea. Large garbage bags with ties (can fit over pack, sleeping bag)
- 1 ea. 30 Degree sleeping bag
- 1 ea. Ground pad or air mattress
- 1 ea. Small flashlight or headlamp (extra batteries, extra bulb)
- 1 ea. Disposable butane lighter
- 1 pk. Matches (sealed water tight) or backup butane lighter
- 1 ea. Mosquito repellent (must contain DEET for tick protection)
- 1 ea. Water bottle (1 liter sufficient)
- 2 bot. Water purification tablets (Potable Aqua - 50 tablet size)
- 1 ea. Plate, bowl or large cup for eating
- 1 ea. Drinking cup (min. size 8-10 oz.)
- 1 ea. Eating utensils
- 2 ea. Pill bottles for drink mix
- 1 ea. Knife (pocket knife preferred)
- 1 ea. Compass
- 1 ea. Rain suit (jacket and pants)
- 25 ft. Rope (cotton or nylon clothesline)
- 1 ea. Chap Stick
- 1 bar Soap (biodegradable)
- 1 ea. Toothbrush
- 1 ea. Toothpaste
- 1 ea. Comb
- 1 ea. Towel (small)
- 1 ea. Wash cloth (small)
- 1/2 rl. Toilet paper
- 1 pr. Hiking boots
- 3 pr Socks
- 3 pr. Underwear (briefs)
- 1 pr Light synthetic Long underwear top and bottoms
- 1 pr. Long pants
- 1 pr. Short pants
- 3 ea. Short sleeve shirts (T-Shirts)
- 1 ea. Long sleeve shirt (wool or flannel)
- 1 ea. Sweater or sweatshirt
- 1 ea. Light jacket or wind breaker (rain jacket works well)
- 1 ea. Light gloves & knit hat
- 1 ea. Belt
- N ea. Handkerchiefs (as needed)
- 1 ea. Polarized Sunglasses & sun screen lotion
- 1 ea. Low boot gaiters (provided)
- 1 ea. Mosquito head net
- 1 pr Water type shoes for stream crossings (crocs, sandals with straps, etc)
- 1 ea. Stuff sack in which to put Troop and personal food

NOTE: *Includes clothing worn first trail day.* One-third to one-half the capacity of each pack must be allowed for community equipment such as food, tentage, stoves, fuel, etc. All gear should fit into the pack or attach solidly to the frame - no loose items. Requirements provide for minimum two layer bottom and three layer top capability. Updated 7/24/13 by D. Rottmueller

