

PERSONAL EQUIPMENT LIST
WEEKLONG BOUNDARY WATERS CANOE TRIP

REQUIRED EQUIPMENT:

- 1 ea. Backpack or large Dry Bag with harness
- 1 ea. Strap to secure Backpack or Dry Bag to canoe
- 6 ea. Heavy large Garbage Bags with ties (fit over pack, sleeping bag)
- 1 ea. Sleeping Bag (synthetic fiber preferred)
- 1 ea. Ground Pad or Air Mattress
- 1 ea. Individual Cook Kit (1 Cook Kit to be shared by 2 individuals)
- 1 ea. Flashlight (batteries for 1 week, extra bulb)
- 1 ea. Disposable Butane Lighter
- 1 ea. Bottle Mosquito Repellent (**must** contain **DEET** for tick protection)
- 1 ea. Spray Can Mosquito Repellent (**must** contain **DEET**)
- 1 ea. Canteen (1 quart sufficient)
- 1 bot. Water Purification Tablets (Potable Aqua - 50 tablet size)
- 1 ea. Drinking Cup (min. size 8 - 10 oz.)
- 2 ea. Pill bottles for drink mix
- 1 ea. Spoon
- 1 ea. Knife (pocket knife preferred)
- 1 ea. Compass
- 25 ft. Rope (cotton or nylon clothesline)
- 1 bar Soap (large - biodegradable - also available in liquid)
- 1 ea. Wash Cloth
- 1 ea. Towel
- 1 ea. Toothbrush
- 1 ea. Toothpaste
- 1 ea. Comb
- 1/2 rl. Toilet Paper
- 1 ea. Rain Gear (rain suit or poncho - rain suit much preferred)
- 2 pr. Gym Shoes (1 pr. definitely not leather - quick drying)
- 3 pr. Socks
- 3 pr. Underwear
- 2 pr. Shorts (synthetic - quick drying)
- 1 ea. Swimming Trunks
- 1 pr. Long Pants
- 1 ea. Belt
- 3 ea. T-shirts (synthetic - quick drying - dark colors dry faster in sun)
- 1 ea. Long Sleeve Flannel Shirt or equivalent
- 1 ea. Heavy Sweat Shirt or Sweater
- 1 ea. Light Jacket or Wind Breaker (rain suit jacket will do)

OPTIONAL:

- N ea. Maps in Map Pocket
- 1 ea. Sunglasses (Polaroid are best on water)
- 1 ea. Mosquito head net
- N ea. Handkerchiefs (as needed)
- 1 ea. Fishing Equipment (as compact as possible - rod in tube if possible)
- 1 ea. Chapstick
- 1 tb. Sunscreen Lotion
- 1 ea. Camera (use waterproof flotation bag)
- 1 ea. Hammock (small & light)
- 1 ea. Individual Mosquito netting for hammock (small & light)

NOTE: Half the capacity of each pack must be allowed for food and/or tentage. All gear should fit into the pack or dry bag, or attach solidly to the outside - no loose items. If a pack is used it should be lined with a plastic garbage bag, with contents again sealed in smaller plastic bags. Sleeping bags should be double sealed in plastic garbage bags. Assume that if it can get wet, it will.