

PERSONAL EQUIPMENT LIST

Weekend Backpacking- Spring/Fall

- 1 ea. Backpack
- 3 ea. Large Garbage Bags with ties (must fit over pack, sleeping bag)
- 1 ea. Sleeping Bag with stuff sack (compressible models much preferred)
- 1 ea. Ground Pad
- 1 btl. Potable Aqua water purification tablets
- 1 ea. Individual Mess Kit (consider using two large Lexan cups and a spoon)
- 1 ea. Sm. Flashlight (extra batteries, extra bulb)
- 1 ea. Disposable Butane Lighter
- 1 pk. Matches (sealed water tight) or backup Butane Lighter
- 1 ea. Water Bottle (Nalgene type--1 quart sufficient)
- 1 ea. Drinking Cup (min. size 8-10 oz.)
- 1 ea. Spoon
- 1 ea. Knife (pocket knife preferred)
- 1 ea. Compass
- 1 ea. Rain Gear (rain suit or poncho)
- 1 ea. Chap Stick
- 1 bar Soap (biodegradable)
- 1 ea. Toothbrush
- 1 ea. Comb
- 1 ea. Towel
- 1/4 roll Toilet Paper
- 25 ft. Rope (cotton or nylon clothesline)
- 1* pr. Hiking Boots
- 2* pr. Socks
- 2* pr. Underwear
- 2* pr. Long Pants (Substitute for 1 pr. Short Pants if warm)
- 1* ea. Warm Long Sleeve Shirt
- 1* ea. T-Shirt
- 1* ea. Light Sweater or Sweatshirt
- 1* ea. Medium Jacket or Heavy Wind Breaker
- 1* pr. Light Gloves
- 1* ea. Hat (Wool knit is good)
- 1* ea. Belt
- N ea. Handkerchiefs (as needed)

* Includes clothes being worn-- items not being worn serve as backups in case of wet weather. It is best to choose items that can be layered to give maximum flexibility. Synthetics are best, cotton should be avoided. Dark colored synthetics dry quickly in the sun. Items should be adjusted for warm or cool weather.

NOTE: One-third the capacity of each pack must be allowed for community equipment such as food, tentage, stoves, fuel, etc. All gear should fit into pack or attach solidly to the frame--**NO LOOSE ITEMS.**