

PERSONAL EQUIPMENT LIST

Weekend Backpacking-- Summer (warm climates)

1 ea.	Backpack
3 ea.	Large Garbage Bags with ties (can fit over pack, sleeping bag)
1 ea.	Sleeping Bag in stuff sack (compressible models preferred)
1 ea.	Ground Pad or Air Mattress
1 ea.	Individual Mess Kit (consider two large Lexan cups and a spoon)
1 ea.	Sm. Flashlight (extra batteries, extra bulb)
1 ea.	Disposable Butane Lighter
1 pk.	Matches (sealed water tight) or backup Butane Lighter
1 ea.	Mosquito Repellent (must contain DEET for tick protection)
1 ea.	Water Bottle (Nalgene style--1 quart sufficient)
1 bot.	Water Purification Tablets (Potable Aqua .50 tablet size)
1 ea.	Drinking Cup (min. size 8-10 oz.)
1 ea.	Spoon
1 ea.	Knife (pocket knife preferred)
1 ea.	Compass
1 ea.	Rain Gear (rain suit preferred or poncho)
25 ft.	Rope (cotton or nylon clothesline)
1 ea.	Chapstick (dry climates only)
1 bar	Soap (biodegradable)
1 ea.	Toothbrush
1 ea.	Toothpaste
1 ea.	Comb
1 ea.	Towel (small)
1/4 rl.	Toilet Paper
1* pr.	Hiking Boots
2* pr.	Socks
2* pr.	Underwear
1* pr.	Long Pants
1* pr.	Short Pants
2* ea.	Short Sleeve Shirts (T-Shirts)
1* ea.	Light Jacket or Wind Breaker (Rain Jacket works well)
1* ea.	Belt
N ea.	Handkerchiefs (as needed)
1 ea.	Sunglasses and Sun Screen Lotion (optional)

* Includes clothes being worn .items not being worn serve as backups in case of wet weather. Dark colored synthetics are best as they dry quickly in the sun.

NOTE:One-third of the capacity of each pack must be allowed for community equipment such as food, tentage, stoves, fuel, etc. All gear should fit into pack or attach solidly to the frame --no loose items.